



BUXTON INFANT SCHOOL

Headteacher: Jude Boyd



PHYSICAL EDUCATION POLICY

BUXTON INFANT SCHOOL

This policy was reviewed by the Governing Body on November 2020

It will be reviewed November 2023

Signed:

Date:

Physical Education Policy

Definition

Physical Education is concerned with the skilful management of the body and how it is used in varied and challenging situations. Physical Education is concerned with developing knowledge and understanding in games, dance and outdoor activities.

Aims

- To provide pupils with the opportunities for progression, knowledge and development of skills through the enjoyment of physical activity in a structured curriculum in a safe, supportive environment.
- To foster positive attitudes towards fitness, health and hygiene.

Objectives

All children will:

1. Have the opportunities to develop skills in a broad area of physical education including:

- Games
- Dance
- Gymnastics
- Athletics
- Outdoor Adventurous activities

2. Be physically active and find enjoyment in physical activities.

3. Develop positive attitudes to physical endeavour including perseverance, fair play and the ability to cope with success and failure.

4. Develop skills, habits and interests that will promote a healthy lifestyle.

5. Learn how exercise affects their bodies.

6. Know how to handle and use all equipment safely in line with LA guidelines and our Health and Safety policy.

7. To be aware of the need to dress appropriately and safely for PE. This will include:

- No jewellery to be worn. Children who wear earrings cannot take part in PE if they cannot be removed.
- Change of clothes (shorts and short sleeved tee shirt) and pumps to be worn.
- Long hair to be tied back.

Content

PE will be taught in line with the school Scheme of Work which is based on the commercial Val Sabin scheme. This is fully linked to the objectives laid out for PE within the National Curriculum and the Objectives for Physical learning in the Early Years Foundation Stage.

PE lessons are identified on the school timetable as separate lessons and children all receive at least two hours taught time per week. Over the course of the year children will receive teaching across all areas of PE and also have the opportunity to develop

skills and a deeper understanding of a particular sport such as basketball, football or cricket with an external provider.

Marking and Feedback

Teachers will monitor achievement during lessons and summative assessment will be recorded in each area of PE at the end of each unit taught. Photographic evidence will be used to help report on progress and achievement in PE and will form part of the annual report to parents.

Evaluation and Assessment

Pupils will be encouraged to evaluate their own and others' work during each lesson. Teachers will show examples of children's work during each lesson and give verbal evaluations. Teachers will use the assessment document, aligned with the school's progression document, in order to track attainment. Teachers will monitor children's gross motor skills using a check list provided by the SEN Coordinator to establish if there are specific skills or needs that need addressing.

Monitoring and Review

The Headteacher, the PE Coordinator and the Link Governor are responsible for ensuring the appropriate policy statements and Schemes of Work are drawn up and revised in line with the School Improvement Plan and any revisions to DfE recommendations.

Health and Safety

School will ensure that risk assessments will be carried out for any potentially hazardous situation within this subject. Any visiting speakers will also be subject to relevant checks.

Equal Opportunities

All children will be given equal access to PE irrespective of race, gender, creed, level of ability or nationality.

Adopted by the Curriculum Committee on **19th November 2020**.